

GET INVOLVED

VOLUNTEERS MAKE A DIFFERENCE!

All secondary students must complete a minimum of 40 hours of community involvement activities as one of the requirements for an Ontario Secondary School Diploma (OSSD).

You can begin your community hours during the summer before you start Grade 9. You must complete the 40 hours before you graduate secondary school

Why get involved?

- ✓ make new friends
- ✓ unlock your ambitions
- ✓ network and explore career options
- ✓ build self-confidence
- ✓ discover strengths and talents
- ✓ the whole community benefits

What resources are available for information on volunteering in your community?

- your school course calendar, bulletin board or website
- teachers, administrators and counsellors at your school
- local service clubs and charitable organizations
- community minor sports organizations
- local hospital, Red Cross and/or donor clinics, St. John's Ambulance
- Canadian Cancer Society at www.my40hours.ca

Record your community involvement hours by downloading the tracking sheet at www.scdsb.on.ca > Secondary > Planning for High School > Community Involvement.

In consultation with school councils, the board's Special Education Advisory Committee and insurance experts, the Simcoe County District School Board considers the following as eligible activities:

- help seniors
- clean up your community and the environment
- assist a charity or service club
- co-ordinate, support or coach community-based recreational or sport activities that rely on volunteers
- help with school related events, fundraisers or socials
- join community projects
- assist at a health facility



Student:		Home Phone:		Return completed forms to the Guidance Office at your secondary school
School:		Principal:		

Activity	Approved Activity Y/N*	# Hours	Completion Date MM/DDYY	Community Organization or Location	Sponsor's Name and Contact Number xxx-xxx-xxxx	Sponsor's Signature
Total Hours Submitted						

Student Signature:		Date Submitted:	
Parent/Guardian Signature:			

*If the activity is not on the list of approved activities students require the principal's signature/initials before starting the activity.

OFFICE USE ONLY	Completion has been noted on the student's transcript	<input type="checkbox"/>
	Signature of school official:	